

Group Therapy Made Simple:

A practical training on starting, structuring, and sustaining therapy groups.



Does this sound familiar?

You've been wanting to start a group but don't know where to begin. The logistics feel overwhelming. You're not sure what kind of group to run. Or you simply want someone in your corner while you figure it out.

This **2-hour CE** is for you.

About Jill

Jill has been running groups for almost 2 decades — and what she's learned is that most clinicians don't lack the clinical skill to lead a group. They lack the scaffolding to get started.

The questions that stop people aren't theoretical. They're practical:

- **What do I charge?**
- **How do I fill it?**
- **What if no one comes?**
- **What if everyone comes and it falls apart?**

Jill has sat with all of those questions.

In this training, she'll give you the honest, unscripted answers — the ones she wishes someone had given her when she started.

➔ What You'll Learn

- How to start a therapy group from the ground up
- Timing and logistics
- Open vs. closed group formats
- Long-term vs. short-term considerations
- Key decisions in the startup process
- Consultation structures
- Marketing your group
- Helpful language for enrollment conversations
- Navigating insurance dilemmas
- How to set and discuss fees

➔ What clinicians are saying:

"I am truly grateful to have seen Jill in action.

She is an exceptional group therapist."

"Jill is very perceptive and knowledgeable.

She has a good presence."

➔ Who This Is For

Licensed clinicians and mental health professionals who are curious about — or ready to commit to — group work.

Details

August 14, 2026

10:00am – 12:00pm

\$58

Virtual

Limited to the first 30 participants



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Register here

